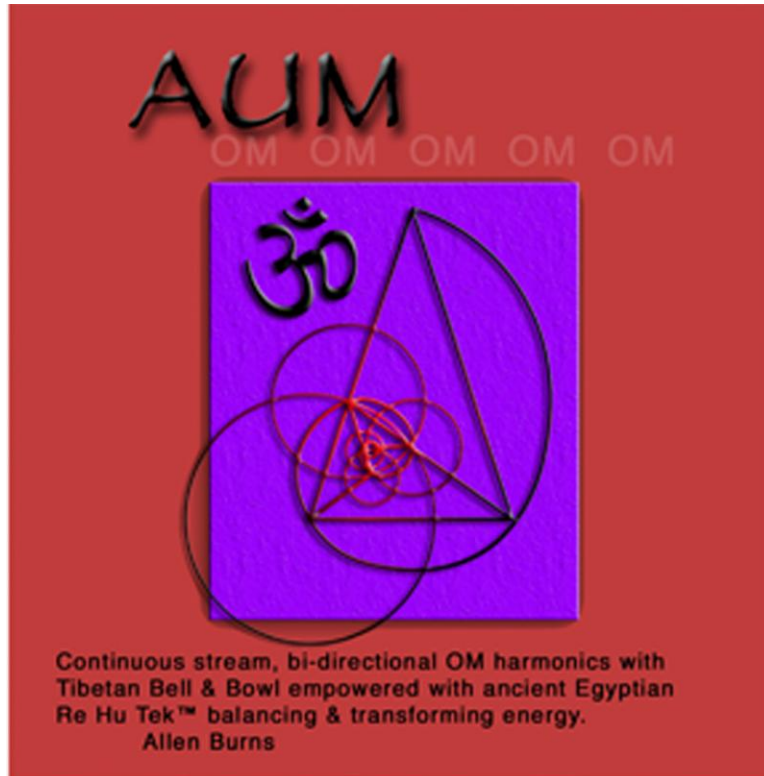


# CD Review

By Dyan Garris



## **AUM – Om, Om, Om, Om, Om**

By Re Hu Tek™ Master Allen Burns

This is a whole lot of Om. That was my first thought as I popped this CD in for a casual listen.

The rich and soothing voice of Allen Burns, which is reminiscent of the monks in the CD "Gregorian Chants," is heard in a continual stream of the very powerful chanted mantra "Om."

The sound follows a wave of motion that goes alternately from left to right, thus

balancing the left and right hemispheres of the brain. This is combined with the interspersed sounds of a seven metal Tibetan bowl and it carries you away to a whole other realm. This is definitely not a casual listen. It's thirty-five minutes designed for connecting with universal consciousness, harmony, and self empowerment.

One has the distinct idea that Burns himself was in a deep trance when he made this CD because the healing power that emanates from this man is just incredible. The Om chants here were created in a special interval known as a "perfect fifth," which is believed to be the source of universal harmony. He also uses an ancient Egyptian energy force "Re Hu Tek™" in this CD to reduce the time it takes to heal, transform, and bring mind, body, and spirit into focus and balance. Very interesting and multi-dimensional.

To buy the CD and for more information visit <http://www.rehutek.com> and [www.metastudies.com](http://www.metastudies.com).

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