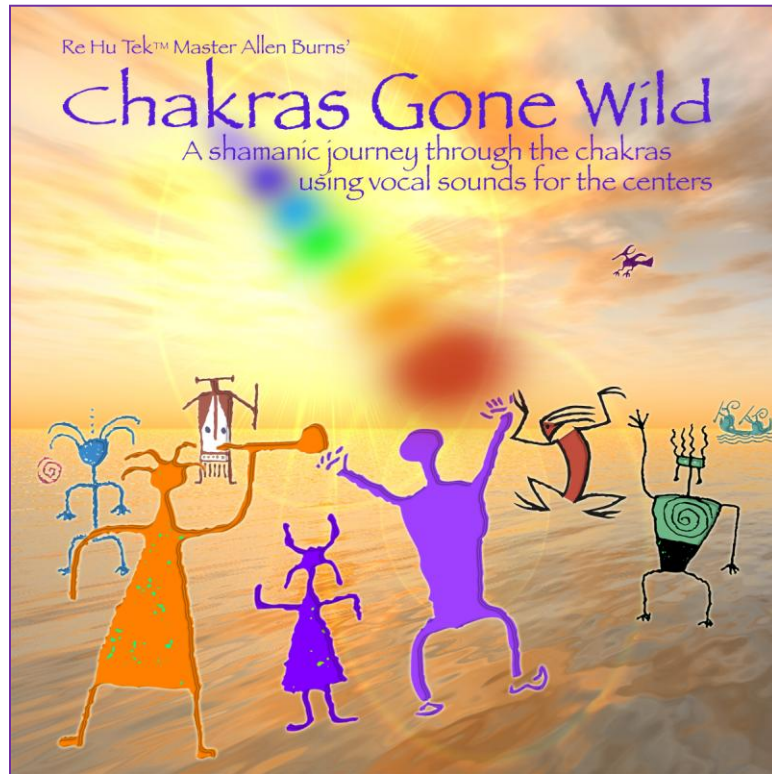


CD REVIEW

By Dyan Garris



Chakras Gone Wild – A Shamanic Journey Through the Chakras Using Vocal Sounds for the Centers

By Re Hu Tek™ Master Allen Burns

This is a toning CD for balancing the chakras. There are seven tracks, each corresponding to a different chakra. Listening to the CD creates a deep experience of Alpha and Theta brainwave states. In sound healing, certain sounds, notes, and syllables correspond with opening, clearing, and aligning the various chakras, promoting inner peace, which

then in turn theoretically aligns our outer world as well.

Burns is the developer of a technique "Re Hu Tek™" which he describes as a "recent incarnation of an ancient Egyptian energy used for balancing, healing, transformation, and consciousness raising." He infuses his CDs with the Re Hu Tek™ energy. He has successfully combined ancient knowledge with modern technology to create a very powerful tool for mind, body, spirit balance.

Burns, who teaches the Re Hu Tek™ technique in seminars and training sessions, has a wonderfully deep, soothing, and resonant voice and has mixed the CD masterfully. It's not a CD that one would just idly listen to as background. When you're ready to clear and balance, lie down and let the magic of this CD seep deeply into your soul. You'll be able to feel the energy shift immediately. Unique.

To buy the CD and for more information visit <http://www.rehutek.com> and www.metastudies.com.

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